



THE SIMPLY PERIODONTICS SERVICE

We are delighted to offer you and your patients a private referral clinic for periodontal treatments in East Kent, based locally in Birchington-on Sea.

At **Simply Periodontics** we can offer your patients periodontal treatment carried out in a relaxed environment using up to date equipment, techniques and advice.

Many people suffer from a mild form of periodontal disease. Whilst good oral hygiene and regular visits to the dentist can result in significant improvements to the gum condition, you may wish to refer more complex or severe cases to our clinic to determine the extent and severity of periodontal disease.

The Treatments we offer are in the management of:

- Periodontal diseases
- Gum recession and grafting (muco-gingival plastic surgery)
- Gum disease around implants (PERI-IMPLANTITIS)
- Gingival veneers
- Crown lengthening surgery
- Dental implants

REFERRING YOUR PATIENTS

There are several warning signs that can indicate that your patient may be experiencing some form of periodontal disease:

- Red, swollen, tender gums
- Bleeding while brushing, flossing, or eating
- Gums that have pulled away from the teeth
- Persistent bad breath or bad taste
- Permanent teeth that are loose or separating
- Any change in the way your teeth fit together when you bite
- Any change in the fit of dental appliances

Referrals may be made by using the referral form enclosed in this pack, or by downloading a referral from my website at simplyperiodontics.co.uk

Following referral, your patient will be offered a consultation appointment for assessment. At this appointment, they will be fully informed of the procedure and will receive a written treatment plan outlining costs and the number of proposed appointments, thereby gaining their informed consent.

ASSESSMENT AND TREATMENT

- At the initial consultation, a full assessment of your patients periodontal condition is carried out to assess the depths of pockets between teeth, recession, and loss of attachment along with radiographs to establish the extent of the condition. Possible treatment options are discussed with the patient and full written treatment plans with costs are provided.
- Periodontal treatment depends on the type of disease and how far it has progressed. The first step is usually to improve the patient's plaque control and bring down the inflammation. Following this, we remove the plaque and calculus deposits from beneath the gum line, using the root surface debridement technique, allowing the gum tissue to heal and reattach. This treatment is carried out over 4-5 visits, depending on the extent and severity of disease.
- Following the initial therapy, your patient will be reassessed. Further debridement may be carried out, or surgical treatment will be undertaken to access the deep pockets or to eliminate the pockets.
- Maintenance therapy or supportive periodontal therapy is an ongoing program designed to prevent periodontal disease from recurring in patients who have undergone periodontal treatment. This ongoing phase will allow assessment of the patient's health and make sure infection stays under control.
- On completion of periodontic treatment, your patient will be returned to you for their ongoing dental care. Patients and referring dentists will be able to contact us should any queries arise before, during or after treatment. Your patient will only be offered treatment for which they have been specifically referred.

At **Simply Periodontics**, referring dentists and patients can expect the following service:

- Patients will have a full consultation including clinical and radiographic examination based on the nature of the referral.
- Patients will be fully consented for any treatment proposed and subsequently undertaken.
- Patients will receive a written treatment plan outlining costs and the number of proposed appointments.
- Patients will receive a high standard of periodontic treatment using up to date equipment, materials and techniques.
- Patients can contact us before, during or after their treatment should any queries arise.
- Referring dentists can contact us with any queries or regarding their patients' progress.
- Referring dentists will be kept informed of their patients' progress.
- A discharge letter will be sent to the referring dentist upon completion of their patients periodontic treatment. The patient will also receive a copy of this.
- No other treatment other than that for which the patient has been referred will be undertaken.

We very much look forward to working with you and your patients and thank you for choosing to use our service.

Bobby Varghese BDS MFDS RCS (Eng) MClintDent (Perio) MPerio RCSEd

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