

Sepsis Advice

Adult - Signs and Symptoms:

Slurred speech or confusion

Extreme shivering or muscle pain

Not passing urine for a day

Severe breathlessness

Mottle or discoloured skin

Child - Signs and Symptoms:

Very fast breathing

A fit or convulsion

A mottled, bluish or pale appearance

A rash that does not fade when pressed

Extreme lethargy/difficult to wake

Abnormally cold to the touch

What to Do:

If you or your child is suffering from the above symptoms call 111 for advice or visit your nearest A&E department